



MiniFit, SwimFit, Varsity Groups Practice Schedule 2023 - 2024

MiniFit Groups

MiniFit 1A

Thursdays JLS Middle School 4:30 - 5:30 PM

MiniFit 1B

Tuesdays Greene Middle School 4 - 5 PM

MiniFit 2

Monday, Wednesday, Friday JLS Middle School 3 - 3:45 PM

MiniFit 3

Monday, Wednesday, Friday Greene Middle School 3 - 4 PM

SwimFit Groups

SwimFit 1

Monday, Wednesday, Friday JLS Middle School 3 - 3:45 PM

SwimFit 2

Monday, Wednesday, Friday JLS Middle School 7:30 - 8:30 PM

SwimFit 3

Monday, Wednesday, Friday JLS Middle School 7:30 - 8:30 PM

Varsity Group

Varsity 1

Monday, Wednesday, Friday Greene Middle School 7:30 - 8:30 PM